



Tywardreath
School

At Tywardreath School we use The Thrive Approach to support our children's emotional and social development. It helps us to understand that a child's challenging or troubling behaviour can be their way of communicating how they are feeling.

The Thrive approach helps staff and parents to support children who may be experiencing difficult life events and suggests ideas, activities and strategies to support the child through a whole class, group or individual plan. Progress is reviewed at regular intervals with parents to assess and monitor their progress.

What is the Thrive Approach?

Recent advances in neuroscience, attachment theory and child development have provided some of the answers to what it takes to develop healthy, happy, confident children who are ready and open to learn.

The Thrive Approach draws on insights from these fields to provide a powerful way of working with children and young people that supports social and emotional development.

In particular, Thrive equips staff to work in a targeted way with children and young people who have struggled with difficult life events to help them re-engage with life and learning.



Child Development

In the Thrive Approach we use a developmental model to help us understand how we develop socially and emotionally from birth through to adulthood. This model gives us a framework for understanding what healthy child development looks like in terms of behaviour and learning and clarifies what the role of adults should be in facilitating a child's development at each of the different stages.

In addition, the model gives us a lens through which to look at and interpret children's behaviour, enabling us to identify the particular developmental needs being signalled by their behaviour and to choose appropriate, targeted interventions designed to meet those needs.



Arts and creativity

Thrive uses arts and play-based activities with children to support healthy neural development, promote a positive sense of self and build optimal learning capacity.

There are many artistic mediums that we can use to work with in the Thrive Approach, sand play, puppetry, story telling, music, drama, movement and dance, painting and drawing, each of which has particular benefits and strengths.

The Thrive Approach integrates arts and creativity to support children's emotional and social development.



At Tywardreath School we are committed to using the Thrive approach.

For more information about the Thrive Approach please visit: www.thriveapproach.com